

St. Catherine Academy Athletic Handbook



Revised July 2017

Table of Contents

The St. Catherine Athletic Board and the St. Catherine School Board review the contents of this handbook periodically, and the rules and guidelines herein are subject to change. Any changes will be published for all those affiliated with St. Catherine sports. This handbook is for information only and does not create any contractual rights whatsoever.

INTRODUCTION	
Mission Statement.....	3
We Believe	3
Purpose.....	3
ATHLETIC BOARD	
Athletic Board.....	4
Athletic Director Requirements	4
Athletic Director	4
COACHING INFORMATION	
Guidelines for Coaches.....	7
Selection & Retention of Coaches	9
Practice Sessions.....	9
Games & Tournaments.....	10
PARENT / GUARDIAN INFORMATION	
Guidelines for Parents/Guardians	12
Guidelines for Games, Practices & Tournaments.....	13
ATHLETE	
Guidelines for Student Athletes	15
Eligibility and Ineligibility	15
Uniforms.....	16
GENERAL INFORMATION	
Admission.....	17
Competitive & Developmental Teams.....	17
Rules by Grade Level.....	18
Fees for Student Athletes	19
Grievance Procedures	19
Physical Examinations	20
Safe Environment Training	20
CODE OF CONDUCT	
Coaching Code of Conduct.....	21
Parent Code of Conduct	23
Student Athlete Code of Conduct	25
MISCELLANEOUS	
Prayer.....	27
Basketball Player Fee Form.....	28
7 th & 8 th Grade Basketball Uniform Policy Form	29
Waiver & Release Form	30
Medical Consent Form	32
Handbook Acknowledgement Form.....	33

INTRODUCTION

Mission Statement

The Saint Catherine Athletic Department is committed to showing sportsmanship and dignity in all that we do. We strongly believe in placing our Christian Values above all competitiveness and we believe in showing our Respect for others in all situations. All Parents, Coaches, and Players strive to promote our beliefs in God through all actions on and off the court.

We Believe...

- All athletes, coaches, and parents will strive to promote their Christian Values.
- Sportsmanship and Respect for our competitors must NEVER be compromised.
- We must strive to maintain a cooperative spirit among parents, coaches, teachers, and student athletes that will make it possible for our athletes to develop into leaders in the parish and community.
- Teamwork is the key to success. Athletes, Parents, Teachers, and Coaches make up our team.

Purpose

The Athletic Program is established at St. Catherine as an extracurricular opportunity operated under the direction of the Athletic Director and the Athletic Board.

The purpose of the Athletic Board is as follows:

- To provide opportunities for student athletes to play in well-organized and supervised sport leagues.
- To select volunteer coaches willing to teach sportsmanship at all times and situations while participating in these leagues.
- To teach the participants to play sport well.
- To emphasize the importance of performing at high levels in the classroom while working within the athletic eligibility guidelines of the school.

ATHLETIC BOARD

Athletic Board

In addition to the Pastor, the composition of the Athletic Board includes:

- Athletic Director
- Assistant Athletic Directors (Parent Representatives from each sport)
 - Boys' 7-8 Grade Basketball
 - Girls' 7-8 Grade Basketball
 - Boys' Grade Developmental Team
 - Girls' Developmental Team
 - Volleyball
- Principal

The Athletic Director and Assistant Athletic Directors must be St. Catherine School parents and/or parishioners in order to serve on the Athletic Board. The Athletic Director is selected and subject to annual reviews by the Principal. Assistant Athletic Directors (Parent Representatives) are volunteers that will be selected by a random draw. Once on the committee, parent representatives are eligible to stay until their child is no longer in the category that they represent.

Athletic Director Requirements

The Athletic Director must:

- Be at least 21 years of age;
- Complete Safe Environment Training (Archdiocese of Louisville);
- Complete the KHSAA Safety Course (online);
- Be First Aid & CPR certified;
- Have a current background check on file with the school office

Athletic Director

Responsibilities of the Athletic Director

- To determine all operating rules, participation fees, and budgets for each sport with oversight from the St. Catherine Academy Athletic Board;

- To manage the finances of the athletic program;
- To attend league organizational meetings;
- To select and approve all team managers, coaches, assistants, etc., for the programs they organize, fund, and/or direct with oversight from the St. Catherine Academy Athletic Board;
- To implement the philosophy and guidelines established by the Kentucky Middle School Athletic Association, the St. Catherine Academy Board, and the St. Catherine Athletic Board;
- To recruit and hire coaches who are willing to abide by the philosophy and guidelines established by the Catherine School Board as well as those established herein;
- To ensure that all league fees and game officials are paid promptly;
- To ensure that all athletic uniforms are delivered to players and returned;
- To develop a rotation for purchasing new uniforms.
- To coordinate and/or ensure that all participation fees and associated forms are completed and returned in order for a student to be eligible to participate in a sport;
- To supervise the organization of teams and obtain the necessary uniforms/equipment for each team;
- To learn and abide by the rules of the host facility for games and practice sessions and to make all coaches, athletes, parents, and St. Catherine Academy fans aware of those rules;
- To secure the necessary concession supplies, gate workers, qualified officials, and other volunteers necessary in order to maintain a safe, clean and orderly environment before, during, and after games.
- To ensure that the gym is available for games and to work with coaches to secure appropriate practice facilities for each team;
- To provide coaches with necessary access to the St. Catherine Gym by seeing that they have keys and knowledge of facility storage, operation of equipment, HVAC and lighting policies and procedures, etc.

- To maintain up-to-date records of program schedules, participants, coaches, and required paperwork, including background checks, Safe Environment training, and athlete physicals;
- To meet with the St. Catherine Academy principal on a timely basis to keep the school informed of league schedules, game cancellations, special programs, etc.;
- To coordinate awards programs and other special events, including fundraiser (as needed);
- All concession-stand and food purchases are to be made from Sam's Club.
- To schedule periodic meetings of the Athletic Board (as stated by their by-laws) and Athletic Committee
- Athletic Director and Athletic Board share the decision-making process in all matters equally.
- To seek approval from the St. Catherine Academy Board for any changes in policy related to the athletic program.

If the Athletic Director is also a St. Catherine Academy coach he/she will send all needed documentation (score books, rosters, etc. to the Athletic Board to keep.

COACHING INFORMATION

General Guidelines for St. Catherine Coaches and Assistant Coaches

- Each coach selected must be willing to abide by the philosophy and guidelines established by the St. Catherine Academy Board and the Athletic Board as established herein. Team rules and procedures established by the coach may not conflict in any way with the philosophy and guidelines of St. Catherine Academy and Athletic Board.
- The Athletic Director with input from the Athletic Board will approve each coach, assistant coach, manager, etc.
- Each coach, head or assistant, must meet the following qualifications prior to the start of his/her duties:
 - Be at least 21 years of age;
 - Completion of Safe Environment Training required by the Archdiocese of Louisville
 - Complete the KHSAA Safety Course (online) 7-8th Grade Coaches Only
 - Have a current background check on file with the school office
 - Follow the Coaching Code of Conduct (see Appendix);
 - Meet with the Athletic Director to review his/her roles and responsibilities and to submit all required paperwork.
- Each coach will be evaluated by the Athletic Board at the conclusion of each season in accordance with the guidelines and polices established in this handbook and the rules for the league in which he/she has been chosen to coach.
- The Athletic Director, with the input from the Athletic Board, must approve all team expenditures and all fundraising activities must first be approved by the St. Catherine Academy School Board then the Athletic Board.
- All athletic designs/logos printed on apparel, gear bags, etc. must be approved the Athletic Director and the Athletic Board and the Principal.
- Coaches will not permit a student athlete to attend or to participate in a game or practice if he/she
 - Is academically ineligible (must have at least a C average overall)

- Has received disciplinary action at school during that week
- Has missed school due to an illness that day (See School Handbook about returning to school and/or athletic functions)
- The Principal will notify coaches any time a student athlete is found to be ineligible for practice and/or play due to one of the circumstances above.
- Each coach is required to:
 - Attend required meetings and/or training sessions
 - Have a parent meeting prior to the first scheduled practice, at which time all fees and paperwork, including a sports physical, must be collected.
 - Promote good sportsmanship and conduct in accordance with school policies;
 - Coach in a manner consistent with league rules, general team guidelines and as outlined herein;
 - Devote enough time to each child so that he/she may progress;
 - Maintain an accurate record of all uniforms and equipment issued to athletes and collect uniforms at the end of the season. **UNIFORMS ARE NOT TURNED IN TO THE SCHOOL OFFICE.**
 - Give each player a fair amount of playing time when game situations warrant.
 - Fill out game reports, score books, team rosters, etc., and return them promptly to the Athletic Director when requested.
 - Stress academic success by making students aware of athletic eligibility guidelines and procedures.
 - Make available for each player, at each practice session and game, the proper equipment, water, first aid, and adult supervision. A first aid kit is supplied by the Athletic Director and must be present at all games and practices.
- Keys to the St. Catherine gym must be checked out from the school office and returned promptly at the end of the season. Coaches will be assigned one exterior key to the St. Catherine gym, one key to the Concession Stand/Ball Room and one key to the ball closet. Keys may not be copied, loaned or shared with anyone. If keys become lost/stolen, the person to whom the keys were issued is solely responsible for all costs associated with re-keying the facility. The Sound System cabinet is to be locked when not in use.
- Each coach is required to attend required training and meetings of the Athletic Board and/or the league in which the team participates. Each coach is required to hold a parent meeting prior to the first scheduled practice, at which time all fees and paperwork, including a sports physical, must be collected.

Selection & Retention of Coaches

Each coach selected must be willing to abide by the philosophy and guidelines established by the St. Catherine School Board and the Athletic Board as established herein. Team rules and procedures established by the coach may not conflict in any way with the philosophy and guidelines of St. Catherine Academy and the Athletic Board. The Athletic Director, along with the Athletic Board will approve each coach, assistant coach, manager, sponsor, etc. Each coach will be evaluated by the Athletic Board at the conclusion of each season in accordance with the guidelines and policies established in this handbook and the rules for the league in which he/she has been chosen to coach. It is assumed that a coach will continue to coach the next season, unless the coach decides not to continue or the Athletic Director/Committee has found reason that he/she should not coach.

- Before the first practice, the Coach must ensure that parents have turned in the following to the Athletic Director:
 - A current physical completed on the KHSAA/KMSAA physical form (7th/8th Grade Only)
 - \$25 fee (7th & 8th Grade Only)
 - Parent Code of Conduct
 - Student Athlete Code of Conduct
 - Parent Permission & Authorization for Treatment
 - Waiver & Release of All Claims
 - Copy of Insurance card for Student Athlete

Practice Sessions

General Guidelines for Coaches, Parents and Student Athletes

- Coaches must work with the Athletic Director to secure appropriate practice times.
- Each team is required to enter/exit the practice facility in a safe, secure manner.
- Coaches should plan to arrive at least 10minutes prior to the scheduled start of each practice. Practice sessions start and finish at the schedules times.
- Each team coach is responsible for leaving the practice facility clean and properly secured after each use.
- Coaches are responsible for seeing that all students have left the practice facility before leaving. **NO ATHLETE IS TO BE LEFT UNATTENDED FOR ANY REASON!**

- Any scrimmages, games, and/or practice sessions, etc., involving students other than St. Catherine Academy student athletes must be approved by the Athletic Director at least 24 hours in advance.
- There will be no practices held on Holy Days of Obligation (Feast of the Immaculate Conception, Ash Wednesday, Holy Thursday, Good Friday, or Holy Saturday). Coaches need to review dates of Holy Days before League schedules are finalized.
- No single practice shall last more than two (2) hours. Limited practice sessions are recommended on school breaks.
- Each coach should schedule practice sessions within reason to that week's events. Each coach should take into consideration any games, school events, weather, etc., that would affect the student athlete's ability to complete school work. Should the need arise; the Athletic Director would step in to establish guidelines for practice.
- Parents must make the necessary arrangements for student athlete to arrive for and leave from all practices and games at the scheduled time.
- If school is canceled or dismissed early due to weather conditions, there will be no practices allowed.
- If school is canceled due to weather on a "game-day" the decision to play will be made by the League Director, the Athletic Director and the Principal based on weather and road conditions in the area.
- Post Season Practices for AAU/Travel Teams - St. Catherine coaches ONLY are permitted to practice in our gymnasium. Any player who is not a student athlete of St. Catherine Academy must have all liability/medical release forms completed and turned in to the Athletic Director before beginning to practice at our facility. Gym availability is limited and MUST be scheduled in advance with the Athletic Director. All St. Catherine Academy and Parish scheduled activities will have priority over post-season practices.

Games and Tournaments

General Guidelines for Coaches, Parents and Student Athletes

- Coaches must arrive at least 30 minutes prior to the scheduled start of each game.

- All tournament participation must be approved by the Athletic Director.
- Student athletes playing the last game in the facility are required to clean up the facility. The Coach will inspect the locker-room after each practice and game to assure Student Athletes are keeping the area clean.
- Parents must work the gate and help with concessions for any sport in which their children participate; if you are assigned a night and are unable to attend the parent is responsible for finding a substitute worker. Parents that are working should plan to arrive 30 minutes before the first game is scheduled to begin. Parents are required to assist with clean-up after the last game.
- Parents are responsible for the supervision of any children they take to ballgames. No child is to be dropped off at a ballgame unless another designated adult is present to supervise the child in the absence of the parent.
- The rules of the host facility must be respected at all times.
- St. Catherine uniforms must be properly cared for throughout the season and returned properly and promptly to the coach at the end of the season.
- UNIFORMS ARE NEVER TO BE RETURNED TO THE SCHOOL OFFICE.
- Follow the proper grievance procedures should a conflict arise.

PARENT/GUARDIAN INFORMATION

General Guidelines for Parents/Guardians

Parents/Guardians of St. Catherine student athletes are crucial to the success of the school's athletic program. As primary educators of their children, they must set examples for their student athletes that teamwork is essential. Parent involvement is another form of stewardship – giving of one's time, talent, and treasure. Parents should act as role models for their student athletes. Whether on the sidelines as coaches or in the stands as fans, parents must set a Christian example for their student athletes to follow.

General Guidelines:

- Read this entire handbook with your student athlete; know the responsibilities, rules, and procedures associated with every aspect of the athletic program.
- Complete and submit all of the required paperwork on time.
- Pay all fees and purchase the required items needed to complete your child's uniform.
- Help your student athlete to manage his/her time responsibly so that there is appropriate attention paid to academics.
- Attend orientation and other meetings scheduled by coaches.
- Parents wishing to assist the Coach and or Assistant Coach must understand that there are rules and regulations that pertain to the level of assistance that they can give. Fines, forfeitures and other sanctions can result from a parent, guardian or other family member helping on the sidelines who is not fully qualified and/or certified to do so. Anyone on the sidelines at games and practices assisting the coach must meet all of the qualifications of the Coach and Assistant Coach. Please review the Coaching Information section.
- Before the first practice, the parent/guardian must turn in the following to the Coach or the Athletic Director:
 - A current physical completed on the KHSAA/KMSAA physical form (7th & 8th Grade Only)
 - \$25 fee (7th & 8th Grade Only)
 - Parent Code of Conduct

- Student Athlete Code of Conduct
- Parent Permission & Authorization for Treatment
- Waiver & Release of All Claims
- Copy of Insurance card for Student Athlete

Guidelines for games, practices, and tournaments:

- Parents are expected to work gate and help in the concession stand during our home games.
- Parents are responsible for the supervision of any child they take to a ballgame. No child is to be dropped off at a ballgame unless another designated adult is present to supervise the child.
- The rules of the host facility are to be respected at all times.
- **CHILDREN ARE TO REMAIN IN THE GYM DURING GAMES, SEATED WITH THEIR PARENTS. CHILDREN ARE NOT TO BE RUNNING AROUND THE GYM OR HALLWAY OF THE SCHOOL.**
- Transportation to and from games is the responsibility of the parent/guardian.
- **Do not drop your child off at practice without first knowing the coach is present.**
- Make sure that your student athlete's uniform is properly cared for throughout the season and turned into his or her coach promptly after the conclusion of the season.

It is also the responsibility of the parent/guardian to:

- Purchase the required items needed to complete the student athlete's uniform;
- Attend orientation and other meetings scheduled by coaches;
- Help their student athlete to manage his/her time responsibly so that there is appropriate attention paid to academics;

- Ensure that your student athlete understands the connection between school and sports, especially the rules for eligibility and the consequences of ineligibility;
- Assist student athletes in cleanup after games and fundraising events;
- Support fundraising efforts by working at and attending games.

In short, if the student wishes to participate, the parent/guardian also must participate

General Guidelines for Student Athletes

On the court, at practice, or in the game, the St. Catherine athlete must be an ambassador for St. Catherine. He or she is considered a Student Athlete meaning *student first, athlete second*. Therefore a student athlete must first perform well in the classroom, maintain good Christian conduct, and reflect the teachings of St. Catherine School at all time to enjoy the privilege of participating in its sports programs.

Eligibility and Ineligibility

- Eligibility will not be impacted by the student's athletic ability or inability to purchase athletic apparel.
- Student athletes must attend scheduled practices and games and abide by all team rules.
- Athletes must maintain a "c" average overall to participate in practice and games as well as passing all classes.
- Any St. Catherine student athlete will be dismissed from participation in the athletic program for the remainder of the season if he/she is found smoking, consuming alcohol, using non-prescribed drugs, and/or any other action deemed inappropriate.
- Student athletes must have respect for any and all athletic facilities and equipment. They must do their part to keep practice and play facilities clean and orderly. Damages or property loss caused by a student athlete will be the responsibility of the student athlete's parent/guardian.
- Student athletes are considered ineligible to participate in a game or practice session if they have been absent from school on that day to due to illness.
- If a student athlete's academic performance indicates a lack of attention in the classroom that student may become ineligible to participate. The eligibility will be determined by the teacher and the Athletic Board.

- If a student athlete is given detention or in school suspension they must sit out one practice and one game. The player must still attend the practice and game however he or she will not play. If problems continue, a meeting will be held with the athletic director, coach, teacher and parent to determine eligibility to play that season.

Uniforms

- All uniforms and equipment purchased by the Athletic Program shall remain the property of St. Catherine Academy.
- All uniforms and equipment damaged beyond normal wear or not returned will be replaced at the expense of the student athlete's family.
- At the conclusion of the season, all uniforms will be cleaned, bagged and labeled with the athlete's name, and returned to the team coach in accordance with his/her instructions.
- UNIFORMS MAY NOT BE TURNED INTO THE SCHOOL OFFICE.
- In an effort to keep uniforms in the best possible condition, they are to be worn only during designated times. Uniforms are not to be worn at practice sessions or street wear. (With the exception of 8th grade night- student may wear their uniform shirt to school.)

GENERAL INFORMATION

Admission*

7th & 8th Grade Games - \$3.00 per Adult \$1.00 per St. Catherine Student

4th - 6th Grade Developmental Leagues Games - Admission is set annually by the league

St. Catherine Faculty and Staff admitted Free

** Admission rates are subject to change for some tournaments and out-of-town games.*

Competitive & Developmental Teams

Developmental Team Goals (4th-6th grade)

While winning the game is the object, equal playing time is a higher priority on the developmental team. Participation on a developmental team allows the student athlete to develop and strengthen skills and build confidence. This type of team builds the growth of the player, whether with St. Catherine Academy sports teams or another league. Each student athlete should receive a fair amount of playing time during each and every game, to exceed the standard league rules for the league in which they participate

Competitive Team Goals (7th and 8th)

A competitive team is designed to be as competitive as possible with the team it plays. For that reason, playing time may not, and likely will not, be equal for all players in each game. In some games, the more skilled players may receive a majority of the playing time, while less skilled players may play less. **However, coaches are to allow as much participation as possible by each player in order to develop bench strength, create a better overall team, and enhance the self-esteem of every individual athlete.**

Rules by Grade Level

4th Grade

- There must be a 4th Grade Team before we will have a 3rd Grade Team.
- Rosters will be set up to 10 players.
- If a team has more than 10 on that grade level, all will be allowed to play. We will NOT cut players on this grade level.
- If a 4th Grade Team has less than 10 players and there are several 3rd Graders wishing to play, the roster can be filled up to 10 players. The 3rd Graders chosen to play-up will be based on age, beginning with the oldest.
- If a player is moved up to play on the next grade level, this player is eligible to play as much if not more than other players on the team.
- Each student athlete on the team should receive a fair amount of playing time during each and every game, to exceed the standard league rules for the league in which they participate

5th and 6th Grade

- Rosters will be set up to 10 players.
- If a team has more than 10 on that grade level, all will be allowed to play. We will NOT cut players on this grade level
- If a team has 10 players on that grade level, there will be NO bringing up players from a lower grade.
- If there is less than 10 players on that grade level, the coach will be allowed to bring players up from one grade lower to fill the roster (maximum of 10). The students chosen to play-up by the coach will be based on ability. If needed, the coach may hold "try-outs" for those interested in playing up.
- If a player is moved up to play on the next grade level, this player is eligible to play as much if not more then the other players on the team.
- Each student athlete on the team should receive a fair amount of playing time during each and every game, to exceed the standard league rules for the league in which they participate

7th and 8th Grade

- This is considered "Competitive Basketball"
- There will be a 12 Player Roster
- If there are more than 12 players on the same level, all will be allowed to play. There will be NO cutting players on this level.
- If a coach has 12 players on the same level wishing to play, they will not be allowed to bring up any other players from lower grade levels.

- If a coach has less than 12 players on the same level, he or she will be allowed to bring up enough players from the lower grade levels to fill the roster. This will be the coach's decision and based on the players' skill level.
- There is no set playing time for any player on this level.
- Players will be played based on who the coach feels should be in the game.

For students playing up- they must play for their own grade (if a team is available) in order to play up on the next level. Students failing to follow this rule will be ineligible to play the following year.

Fees for Student Athletes

\$25 Fee for those playing 7th & 8th Grade Basketball.

No fee is charged for those playing 4th-6th Grade Basketball and Volleyball - those players are responsible for purchasing their own uniform.

Fees are due along with required paperwork by the first practice. Athletes will not be allowed to participate until all fees and paperwork have been submitted.

Grievance Procedures

Authority as exercised in the Catholic School System depends in large measure upon a spirit of willing cooperation among the administrator, coaches, parents, and athletes. The St. Catherine Athletic Board does realize that honest disagreements can sometimes occur. Likewise, the Athletic Board believes that these disagreements or complaints can and should be discussed and resolved at the level closest to the dispute.

Normal Levels of Resolving Grievances

1. Coach
2. Athletic Director
3. Athletic Board
4. Principal
5. School Board
6. Pastor

Physical Examination

Prior to the first practice session, student athletes playing 7th & 8th Grade Basketball or Volleyball must submit to their coach a completed physical exam form. Exams must be performed by a physician, physician's assistant, or nurse practitioner; health department exams will not be accepted. The Doctor offices' have the needed physical form on file.

Safe Environment Training

The Archdiocese of Louisville is committed to ensuring that children and youth who worship, study or participate in church-sponsored activities can do so in the safest and most secure setting possible. In an effort to fulfill this commitment, all employees or volunteers who have regular contact with children or youth — including athletic coaches, assistant coaches, athletic directors and assistant athletic directors — are required to participate in ONE Safe Environment Training Workshop. The Safe Environment Program will be offered through a partnership with the Center for Women and Families.

Workshops will include the following: (1) identifying signs of child sexual abuse; (2) understanding the dynamics of child sexual abuse, including how children are groomed and how they may attempt to reveal their experience; (3) how to take action in response to child sexual abuse, including obligation to report and caring for the abused child, and (4) becoming familiar with archdiocesan policies and Code of Conduct regarding work with children. Each workshop lasts approximately two hours. Workshops are offered throughout the year at various locations throughout the Archdiocese. For a listing of scheduled workshops, check with the parish office or the Archdiocese of Louisville website:

<http://www.archlou.org/policies-procedures/restoringtrust/safe/>

No registration for these workshops is necessary, but participants must sign in upon arrival at the workshop. Participants will receive a copy of the *Archdiocesan Sexual Abuse Policies* resource manual. The back of the workshop manual includes a participation form which must be completed by the participant and turned in to the parish or school office.

CODE OF CONDUCT

Coaching Code of Conduct

- I understand that it is an honor and a privilege to be a Coach. My role in the development of student athletes cannot be too greatly stressed. The task I have chosen is difficult because of the important influence I will have on student athletes. They will look to me for knowledge, guidance, and direction.
- I agree to remember that my first responsibility is to be a Christian in all that I do and say, and that my goal is to model the life of Jesus. Therefore, I will begin each event with a prayer, and I will encourage my student athletes to model Christian behavior as well. (See Appendix for Prayers)
- It is important that there is open, consistent communication among the Athletic Director, Principal, parents, student athletes, and the coaching staff. The school office, athletes, and parents will be appropriately notified of any changes in the game or practice schedule. At all times I will support the rules, policies, and the philosophy and mission of St. Catherine Academy and its Athletic Program; therefore, it is my responsibility to be current on all policies and rules.
- I will demand a sports environment that is free of drugs, tobacco, and alcohol, and will refrain from their use before, during, and after games and practice sessions—whenever student athletes are present.
- I understand that I am a reflection of St. Catherine Academy. I understand that my behavior before, during, and after games and practices should reflect good sportsmanship. I agree to communicate at the appropriate time in an appropriate manner. I understand that improper communication, including threatening comments, profanity, or obscene gestures will not be tolerated and will be considered a serious breach of my obligations as a coach. I will display proper demeanor with athletes, coaches, game officials, opponents, other adults, and all others associated with the athletic program in any capacity. I understand that this is an important obligation as coach, since I will be an example to the student athletes.
- At all times I will be conscious of the safety of student athletes. I understand that I cannot have any inappropriate contact or communication with student athletes or other children in connection with my coaching position. I understand that it is

extremely important that I am never alone with any student athlete or other child. I will make sure at least one parent/guardian is with me if only a single child or student athlete is present.

- I understand that practice time is integral to my child's success in the Athletic Program. I will make every effort to ensure that I am on time for the start and end of all practice sessions, and I will make every effort to ensure that I arrive at least 30 minutes before the start of a game. At no time will any child be left unattended.
- I understand that there is a "chain of command" in force for addressing concerns and problems: Coach, Athletic Director, Athletic Board, Principal, School Board, and Pastor. In each instance, careful consideration will be given and a timely response made with no retaliatory measures inflicted upon the student athlete.
- At all times I will be consistent with all student athletes. I understand that these guidelines have been developed to foster a safe environment, school spirit, loyalty, teamwork, and go sportsmanship. I will keep the emphasis on learning and skill development of all team members. I will refrain from attempting to "run up" the score against an opponent.
- I have read the *St. Catherine Academy Athletic Handbook* in its entirety, and I understand and agree to abide by and support the rules and requirements therein and included in this Code of Conduct.

Signature: _____ **Date:** _____

--This form is to be submitted to the Athletic Director—

Parent Code of Conduct

- I understand that as an adult and a parent, I am my child's primary role model. I have read the *St. Catherine Academy Athletic Handbook* with my child and agree to support and abide by the rules and responsibilities therein.
- I will support my child's participation in sports by doing my part to help clean up after events, work in the concession stand, take up money at the gate and help with fundraisers. I understand that this is REQUIRED of my role as the parent of a student athlete. If I cannot help out when I am scheduled to do so, then I will find someone to take my place.
- I will demand a sports environment that is free of drugs, tobacco, and alcohol, and will refrain from their use during and when driving to all sport events.
- I understand that participation in the St. Catherine Academy Athletic Program is an added privilege and responsibility. Homework is not a valid excuse to miss a practice or a game. I understand that a practice or a game is not a valid reason for my child not to have his/her homework completed. I will make the necessary adjustments and assist my child in managing his/her time in order to meet both homework and athletic commitments.
- I understand that practice time is integral to my child's success in the Athletic Program. I will make every effort to ensure that I am on time for the start and end of all practice sessions, and make every effort to ensure that my child arrives 30 minutes before the start of a game.
- I understand that I am a reflection of St. Catherine Academy. I understand that my behavior before, during, and after games and practices should reflect good sportsmanship. I will not use profanity or make obscene gestures at games or practices, especially when student athletes are present. I will refrain from criticizing the athletes, coaches, game officials, opponents, other adults, and all others associated with the athletic program in any capacity. Such behavior will not be tolerated and sets a terrible example for the children. Members of the Athletic Program and/or the host facility reserve the right to ask someone to leave the premises should his/her behavior violate any aspect of this Code of Conduct.
- I understand that there is a "chain of command" in force for addressing concerns and problems. The chain of command for grievances is as follows: Coach, Athletic Director, Athletic Board, Principal, School Board, and Pastor. In each instance,

Careful consideration will be given and a timely response made with no retaliatory measures inflicted upon the student athlete.

- I will attend all mandatory meetings scheduled by the Coach and/or Athletic Director.

Signature: _____ **Date:** _____

Student Athlete Code of Conduct

- I agree to remember that my first responsibility is to be Christian in all that I do and say, and that my goal is to model the life of Jesus.
- I agree to respect coaches, teammates, game officials, opponents, other adults, and all others associated with the athletic program in any capacity.
- I will do my part to maintain a clean environment in which to play and practice. I will not leave trash or personal belongings in gyms, on fields, in locker rooms or restrooms. I will take part in clean-up of the gym if my team plays the last game. I will take care of visitors' facilities when I play or practice there. I will take care of all equipment and uniforms loaned to me for use during the season.
- I will not argue with coaches, teammates, game officials, opponents, other adults, or fans.
- I will not use profanity or obscene gestures at any time.
- I will demand a sports environment that is free of drugs, tobacco, and alcohol, and will refrain from their use at all times.
- I understand that participation in the St. Catherine Academy Athletic Program is a privilege and carries with it a responsibility to be available for practices and games. I agree to make every effort to be available for practices and games by completing my homework and all other responsibilities in a manner that will allow me to attend. In the event that homework or other schoolwork or responsibilities is too extensive to allow me to compete or to attend a scheduled practice, I agree to promptly tell the Coach about the situation.
- I understand that practice time is integral to my success in the Athletic Program. I must make every effort to be present and on time for all scheduled practices and games. Failure to do so may jeopardize my playing time.
- I will meet or exceed the athletic eligibility requirements as set forth in the *St. Catherine Academy Athletic Handbook* and the *St. Catherine Academy Student-Parent Handbook*.
- I understand that I am a reflection of St. Catherine Academy. I understand that my behavior before, during, and after games and practices should reflect good sportsmanship. Win or lose, I will make everyone associated with St. Catherine Academy proud of my team and me.

- I agree that if, in the opinion of the Coach, Athletic Director, or Principal, I am not abiding by the policies of the Athletic Program or my conduct is not befitting of St. Catherine Academy, I may be temporarily or permanently suspended from the Athletic Program.
- I understand that these guidelines have been developed to foster a safe environment, school spirit, loyalty, teamwork, and good sportsmanship.

Signature: _____ **Date:** _____

MISCELLANEOUS

Prayer

Below is the prayer to be said before each home game:

Strong and Faithful God,

As we come together for this athletic contest, we ask that you bless these athletes.

Keep them safe from injury and harm, instill in them respect for each other, and reward them for their perseverance.

Lead us all to the rewards of your kingdom, where you live and reign for ever and ever.

Amen

Basketball Player Fee Form

7th & 8th Grade Basketball Player's Fee

In order to fund our athletic operations and provide uniforms for our 7th & 8th Grade Basketball Teams we will charge a fee of \$25.00 per school year.

Please make checks payable to:

St. Catherine Athletics

Name of Player(s)

Amount Paid \$ _____

7th & 8th Grade Basketball Uniform Policy

All uniforms are required to be turned in to your COACH within one week of your child's last game. Do not return these to the school office. If the uniform is not returned or is returned damaged, you will be charged a fee of \$50.00. If the fee is not paid, your Child's report card may be held until payment is received.

I understand and agree to the uniform policy.

Player's Name _____

X _____

Parent Signature

Date: _____

Waiver and Release of All Claims

Child's Name: _____
(Last) (First) (M.I.)

School Year: 200____ - 200____ Grade: _____

Parents(s)/Guardian(s) Name(s): _____

Name of Primary Residential Parent (If Applicable): _____

For and in consideration of my/our above named child's participation in St. Catherine Athletic Program, I/we hereby waive, release, acquit and forever discharge both St. Catherine's School and St. Catherine Church and both entities' authorized agents and employees, including, and not limited to, it's coaches, faculty members, staff, their heirs, executors, administrators, agents and assigns, of any and all actions, causes of actions, including actions for negligence, claims, demands, costs, loss of services, expenses and compensation, or suits at law or in equity, of whatsoever kind of nature, arising out of any and all know and unknown personal injuries and damages resulting or to result from my/our above-named child's participation in the St. Catherine School Athletic Program, if said injuries or damages result from the conduct of any of the above persons to the extent that such negligent conduct is either uninsured or causes damage which is in excess of the available insurance. Nothing herein shall affect the legal rights of any subrogated parties and no claims of any subrogated parties are released by my signature below. Subrogation claims are specifically excepted from the effects of this release. In addition, nothing herein shall affect my/our ability or my/our child's ability to pursue any and all insurance recovery which may be available to me/us or my/our child.

Furthermore, I/we do hereby agree in consideration of my/our above-names child's participation in the St. Catherine Athletic Program to further indemnify and forever hold harmless all persons released by this agreement, their successors, employees, agents, or principals for loss from any and all claims that may hereafter be made seeking compensation for any and all actions, causes of action, including actions of negligence,

claims, demands, costs, loss of services, expenses and compensation, or suits at law or in equity, of whatsoever kind or nature, arising out of any and all known and unknown injuries and damages resulting or to result from my/our above-named child's participation in the St. Catherine School Athletic Program specifically agreeing that I/we will pay for any and all court costs, attorney's fees, and any other legal expenses in connection with such claims against all released persons with the exception of any subrogation claims pursued by any health insurer or other entity holding similar subrogation rights.

I/we further state that I/we have carefully read the foregoing waiver and release all claims and know the contents thereof, and I/we sign the same as my/our free act. I/we acknowledge that I/we have been given the right to review the contents of this document with an attorney of my/our choosing or any other professional with whom I/we may wish to consult prior to signing. I/we willingly, knowingly, and voluntarily execute this waiver and release of all claims.

Witness my/our hand this _____ day of _____, 200____.

Parent/Guardian	Witness
Signature _____	Signature _____
	(Witness must be over 18yrs. of age)

Parent/Guardian	Witness
Signature _____	Signature _____
	(Witness must be over 18yrs. of age)

Medical Consent Form

This permission is requested in the event your child becomes ill or is injured playing basketball/volleyball and the coaches are unable to contact a parent or guardian.

It is understood that every effort will be made to contact the child's parent or guardian in case of an emergency.

I hereby authorize treatment for my child _____ by a medical facility if he or she is injured or becomes ill during a basketball/volleyball practice or game. This authorization allows a medical facility to give the medication or treatment, if deemed necessary, for my child in the event that I cannot be reached for consent.

Parent or Guardian Signature and Phone Date

Parent or Guardian Signature and Phone Date

Name of Child (Player) Date of Birth

Name of Insurance Co. – Policy Number Doctor's Name and Phone

Please list any ailment, disability or allergies to any medication

**** Both Parents' Signatures Are Required ****

ACKNOWLEDGEMENT

We have read the *St. Catherine Academy Athletic Handbook* in its entirety, and we understand and we agree to abide by and support the rules and requirements therein as well as those stated in the Code of Conduct for Parents and Student Athletes.

Student Athlete Signature: _____ Date: _____

Parent/Guardian Signature: _____ Date: _____

Parent/Guardian Signature: _____ Date: _____